



Turning Leaf

Unconditional Acceptance, Empowering Change

GIFT IN KIND

Our Community Support Team works 24/7 to meet hurting people who suffer from intellectual challenge and mental illness where they are and designs help just for them. However, as a non-profit organization, we only have so much money to empower our participants in need of help. So, if a financial contribution is not possible, we also encourage gifts in kind, the kind of day-to-day items—grocery, personal hygiene, household, leisure activity—that we take for granted in our lives.

These charitable gift-in-kind donations go a long way to empower a process of change for our participants, allowing them to transition from hungry to fed, from hopeless to hopeful, from hurt to healed. Also, we host events from time to time and are grateful to those who sponsor our events by donating bulk goods.



Before getting help from Turning Leaf, Jean never seemed to have enough to live. Because she was on income assistance or provincial welfare, she couldn't afford those things we all take for granted: winter clothes, toothpaste, soap and shampoo, tampons, food. Through the Gifts-in-Kind program, Jean now has a winter jacket, enough food to eat every month and the feminine hygiene items she desperately needs.

"My worker got me soap and shampoo. I couldn't afford that on Welfare. Now I feel like people don't stare at me or avoid me. I feel like a person." -Jean

And Jean has supporters, like you, to thank for her life change.

www.TurningLeafServices.com

Day-to-Day Needs

GROCERY ITEMS

- Non-perishable canned goods
- Bottled water, juice boxes, canned drinks
- Lunch-kit items such as granola bars, snack puddings, fruit snacks, and crackers
- Canned/Dry soups
- Canned meats/tuna/salmon
- Packaged cookies
- Macaroni and cheese mix
- Condiments such as pickles, ketchup, mustard, relish, and mayonnaise
- Dry cereals/porridge
- Baking supplies
- Tea bags/coffee/sugar/whitener
- Baggies, garbage, plastic wrap, and foil
- Spices

PERSONAL HYGIENE ITEMS

- Toothbrushes, toothpaste, and dental floss
- Shampoo and conditioner, deodorant, soap, and body wash
- Men's and ladies' shaving cream
- Disposable razors and lip balm
- Sunscreen and bandages
- Personal hygiene items for women

HOUSEHOLD ITEMS

- Dishes, pots, pans, cutlery, glassware, bakeware, and cookware
- Blankets, pillows, sheets, comforters, and sleeping bags
- Backpacks, water bottles
- Toilet paper, paper towels, and Kleenex
- Laundry soap and garbage bags (all sizes)
- Paper dinnerware (plates, bowls, cups) and plastic cutlery

LEISURE ACTIVITY ITEMS

- Playing cards, board games, and books
- Game books
- Assorted puzzles
- Craft and art supplies
- Pens, pencils, felt markers, pencil crayons, and acrylic paint
- Beading supplies
- Art canvasses
- Drawing paper, construction paper, lined paper, and binders

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